

WHAT PROBLEMS CAN EMDR THERAPY HELP WITH?

- ★ BULLYING
- ★ ANXIETY & WORRIES
- ★ SADNESS
- ★ ANGER PROBLEMS
- ★ PARENTS DIVORCING
- ★ LOSING A PERSON OR PET
- ★ EXPERIENCING NATURAL DISASTERS
- ★ MOVING TO NEW COUNTRY
- ★ PARENTS ARGUING & FIGHTING
- ★ EXPERIENCING ABUSE (PHYSICAL, EMOTIONAL, SEXUAL) OR NEGLECT
- ★ WITNESSING VIOLENCE
- ★ & MUCH MORE!
- ★ MEDICAL PROBLEMS
- ★ NIGHTMARES
- ★ EATING ISSUES
- ★ SLEEPING PROBLEMS

